

Preschool

We Love Parents But...In order to assist us in offering a quality program for your preschooler, we ask that you do not remain at the class unless it is otherwise stated in the description. Experience has shown that preschoolers are easily distracted due to their short attention spans. Thank you for your cooperation. Registration deadline, unless otherwise noted, is two weeks before the start of the first class.

Arts/Dance/Enrichment

Discovery - Twinbrook

Ages 3-5 (toilet trained and not enrolled in kindergarten). Full day care with music, pretend centers, cultural activities, arts and crafts, outdoor play. Experienced staff develop programs appropriate for preschool children, designed to promote self-confidence, individual expression and cognitive development. Snacks served. First payment is due AUGUST 22 for children beginning on AUGUST 29. For information call 240-314-8631.

Ages: 3-5

Course #	Day	Date	Time	Fee (R/NR)
15820	M-F	Jul 5-Jun 26	7:30am-6pm	\$6,578/\$7,565

Location: Twinbrook Community Rec. Center Annex

Bugs@TheLittleGym - Adult/Child

Fitness is fun. Enjoy music, rhythm, and a variety of physical exercises. Adult participation required. Fees include annual membership. Mon. class: 12:30-1:15 p.m. Fri. class: 12 noon - 12:45 p.m.

Ages: 4-10 months

Course #	Day	Date	Fee (R/NR)
17081	M&F	Sep 12-Dec 2	\$160/\$189

Location: The Little Gym

Funfit Tots - Adult/Child

Find out just how much fun fitness can be when you use balls, hoops, parachutes, musical instruments and more. Note: \$10 material fee due to instructor. One adult must attend with child(ren), who must be walking.

Course #	Day	Date	Time	Fee (R/NR)
Ages: 1-3				
17076	Th	Sep 22-Nov 17	3:15pm- 4:00pm	\$58/\$68

Ages: 1½-4

17077	Th	Sep 22-Nov 17	4:00pm- 4:45pm	\$58/\$68
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Instructor: TBA

Location: Ritchie Park Elementary School

Petite Soccer

Enjoy a fun introduction to the world of soccer through exposure to exciting and stimulating physical activities taught by UK Elite's professionals. Learn to develop motor skills, better coordination and social skills. Note: Bring a water bottle to class.

Ages: 3-5

Course #	Day	Date	Time	Fee (R/NR)
17075	W	Sep 21-Oct 26	4pm-5pm	\$72/\$83

Instructor: Fletcher

Location: King Farm Park

Music Together - Adult/Child (TM)

Music Together is based on the premise that all children have the same innate ability to learn music as language. Each class nurtures a child's natural enthusiasm for music and movement through singing, dancing, chanting and instrument play in an informal setting, as parents and caregivers learn how to play musically with their children. Note: Program fee includes a professionally produced CD and cassette, a corresponding illustrated songbook, and parent education materials. Cost of materials is non-refundable. Siblings 8 months and under attend free. \$100 fee for siblings 8 months and older (must fax, mail, or register in person). To receive the sibling discount, please register by fax, mail, or in person. No class 10/13 & 11/24.

Ages: 8 months-4 years

Course #	Day	Date	Time	Fee (R/NR)
16507	W	Sep 14-Nov 16	9:30am-10:15am	\$143/\$165
16508	W	Sep 14-Nov 16	10:30am-11:15am	\$143/\$165
16509	Th	Sep 15-Dec 1	9:30am-10:15am	\$143/\$165
16510	Th	Sep 15-Dec 1	10:30am-11:15am	\$143/\$165

Instructor: Winkler

Location: Montrose Community Center Park

Ages: 8 months-4 years

16511	F	Sep 16-Nov 18	10am-10:45am	\$143/\$165
16599	F	Sep 16-Nov 18	11am-11:45am	\$143/\$165

Instructor: Winkler

Location: Kicks Karate

All Sports Action *New*

Get active and have fun in this exciting new class that combines soccer, kickball and T-ball. Improve physical fitness and gross motor skills as you meet new friends. Bring a water bottle to class.

Ages: 3-4

Course #	Day	Date	Time	Fee (R/NR)
16998	W	Sep 14-Oct 19	10:55am-11:40am	\$49/\$58

Instructor: Navarro

Location: Calvin Park

Preschool

Pre-Ballet

Introduce your child to dance, movement and basic ballet techniques. Rhythm, coordination and fun are emphasized. Note: Loose-fitting clothing or leotards and tights and ballet shoes are recommended but are not required. No tutus. No class 10/13 & 10/22.

Ages: 3-4

Course #	Day	Date	Time	Fee (R/NR)
16544	Sa	Sep 24-Nov 19	10am-10:45am	\$61/\$72

Instructor: Chongpinitchai

Location: Rockcrest Ballet Center and Park

Ages: 3-4

16517	Sa	Sep 17-Nov 5	10:15am-11am	\$56/\$66
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Instructor: Blackman

Location: Rockville Senior Center

Ages: 3-4

16546	Sa	Sep 24-Nov 19	11am-11:45am	\$61/\$72
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Instructor: Chongpinitchai

Location: Rockcrest Ballet Center and Park

Ages: 3-4

16516	Sa	Sep 24-Nov 19	10am-10:45am	\$56/\$66
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Instructor: TBA

Location: Twinbrook Community Recreation Center

Ages: 4-5

16521	Sa	Sep 24-Nov 19	11am-11:45am	\$56/\$66
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Instructor: TBA

Location: Twinbrook Community Recreation Center

Ages: 4-5

16518	Sa	Sep 17-Nov 5	11:05am-11:50am	\$56/\$66
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Instructor: Blackman

Location: Rockville Senior Center

Ages: 4-5

16547	Sa	Sep 24-Nov 19	12pm-12:45pm	\$61/\$72
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Instructor: Chongpinitchai

Location: Rockcrest Ballet Center and Park

Ages: 5-6

16548	Sa	Sep 24-Nov 19	1pm-1:45pm	\$61/\$72
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Instructor: Chongpinitchai

Location: Rockcrest Ballet Center and Park

Tiny Hand Crafts - Adult/Child

Come and see what tiny hands can do! This hands-on class encourages children to be creative, get messy and have fun with paint, glue, glitter, foam, fabric, wood items and more. Kids will make at least 2 projects per class...most of them keepers! Note: Bring a smock. \$20 material fee due to instructor. Adult participation required. No class 10/13.

Ages: 2-6

Course #	Day	Date	Time	Fee (R/NR)
16525	Th	Sep 22-Nov 3	9:30am-10:15am	\$42/\$49

Instructor: Dion

Location: Twinbrook Community Recreation Center

Ages: 2-6

16526	Th	Sep 22-Nov 3	10:30am-11:15am	\$42/\$49
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Instructor: Dion

Location: Twinbrook Community Recreation Center

Twinkle Twinkle Tiny Tunes - Adult/Child

Share the love of music with your child. Using songs, musical games, rhythm instruments and creative movement, the basics of music are made easy for little ones. Rhythm, pattern, tempo and pitch are the fundamentals, but the emphasis is on fun. Note: Attendance by parent/guardian is required.

Ages: 18 months-2 1/2 years

Course #	Day	Date	Time	Fee (R/NR)
16528	M	Oct 3-Nov 7	9:30am-10:15am	\$42/\$49

Instructor: Stahl

Location: Twinbrook Community Recreation Center

Leaves, Leaves Everywhere!



Learn about these special tree parts through a story, hike and craft.

Ages: 3-6

Course #	Day	Date	Time	Fee (R/NR)
17030	Tu	Oct 18	10am-11am	\$4/\$5

Location: Croydon Creek Nature Center

How Do Animals Get Ready for Winter?



Long parkas? Scarves? Through a story and a hike learn how animals get ready for the cold and snow.

Ages: 3-6

Course #	Day	Date	Time	Fee (R/NR)
17031	Tu	Nov 15	10am-11am	\$4/\$5

Location: Croydon Creek Nature Center

Tiny Tot Walk - Adult/Child



Just Ducky!

If it waddles like a duck and quacks like a duck, it must be a duck! Who stays here and who honks and quacks their way south for the winter?

Ages: 18 months-2 years

Course #	Day	Date	Time	Fee (R/NR)
16314	W	Nov 9	10:30am-11:15am	\$4/\$5

Instructor: Oliver

Location: Croydon Creek Nature Center

Preschool

Polar Bears

What is black and white and snowed all over? Polar bears! Through a video, craft and activities we'll learn about these Arctic bears.

Ages: 18 months-2 years

16315 W Dec 14 10:30am-11:15am \$4/\$5

Instructor: Oliver

Location: Croydon Creek Nature Center

Squirrel Nut Zippers

Fall is a great time to search for nuts and the animals that eat them!

Ages: 18 months-2 years

16312 W Sep 14 10:30am-11:15am \$4/\$5

Instructor: Oliver

Location: Croydon Creek Nature Center

The Very Quiet Cricket

What's all that chirping coming from the meadow? Crickets, grasshoppers and katydids are autumn's minstrels.

Ages: 18 months-2 years

16313 W Oct 12 10:30am-11:15am \$4/\$5

Instructor: Oliver

Location: Croydon Creek Nature Center

Tyke Hikes



Just Ducky!

If it waddles like a duck and quacks like a duck, it must be a duck! Who stays here and who honks and quacks their way south for the winter?

Ages: 3-6

Course #	Day	Date	Time	Fee (R/NR)
16322	W	Nov 9	1pm-2pm	\$4/\$5

Instructor: Oliver

Location: Croydon Creek Nature Center

Polar Bears

What is black and white and snowed all over? Polar bears! Through a video, craft and activities we'll learn about these Arctic bears.

Ages: 3-6

16323 W Dec 14 1pm-2pm \$4/\$5

Instructor: Oliver

Location: Croydon Creek Nature Center

Squirrel Nut Zippers

Fall is a great time to search for nuts and the animals that eat them.

Ages: 3-6

16320 W Sep 14 1pm-2pm \$4/\$5

Instructor: Oliver

Location: Croydon Creek Nature Center

The Very Quiet Cricket

What's all that chirping coming from the meadow? Crickets, grasshoppers and katydids are autumn's minstrels.

Ages: 3-6

16321 W Oct 12 1pm-2pm \$4/\$5

Instructor: Oliver

Location: Croydon Creek Nature Center

Fitness/Wellness

Gym and Swim

Introduce your preschooler to a variety of sports and games followed by 30 minutes of supervised swim at the Rockville Municipal Swim Center. Swim class will include an introduction to simple water skills and free swim time. Note: Parents must transport child to the Swim Center and assist with changing but parents are not expected to participate.

No class 10/21.

Ages: 3-5

Course #	Day	Date	Time	Fee (R/NR)
16617	F	Sep 23-Nov 18	3:45pm-5pm	\$64/\$75

Instructor: TBA

Location: Rock Terrace School

Little Ninjas

Introduce your child to Karate, taught by Tae Kwon Do teachers. Each class will begin with stretches followed by exercises and fun games that will help children learn the basics while improving their strength, flexibility, and coordination.

Ages: 3-6

Course #	Day	Date	Time	Fee (R/NR)
16959	W	Sep 14-Nov 2	10:30am-11:30am	\$44/\$52

Instructor: Latchinian

Location: World Karate Masters

Powder Puff Basketball

Your little one will kick off the weekend with some exercise and fun! Learn the very basics of basketball-dribbling, passing and shooting-but more importantly, socialization, team work, and good sportsmanship.

No class 10/22.

Ages: 4-5

Course #	Day	Date	Time	Fee (R/NR)
16626	Sa	Sep 24-Nov 5	9:45am-10:30am	\$42/\$49

Instructor: Graves

Location: Twinbrook Community Recreation Center

Ages: 5-6

16627 Sa Sep 24-Nov 5 10:30am-11:15am \$42/\$49

Instructor: Graves

Location: Twinbrook Community Recreation Center

Preschool

Soccer for Fours

Practice soccer fundamentals and develop better skills. This class is just for four year olds. Dribbling, passing, trapping and shooting are covered, as well as the basic concepts for strategy and teamwork. Occasional scrimmages are included. Note: Bring a water bottle. Shin guards are required. Call the weather line at 240-314-5023 for status of class.

Ages: 4 year olds

Course #	Day	Date	Time	Fee (R/NR)
16639	W	Sep 14-Oct 19	10am-10:45am	\$48/\$55

Instructor: Navarro

Location: Calvin Park

Yoga for Little Bodies

A fun and playful yoga class designed to increase body awareness in young children. Yoga postures and breathe are introduced in stories and interactive games. Students are required to bring a yoga mat or may rent one.

No class 10/4.

Ages: 3-5

Course #	Day	Date	Time	Fee (R/NR)
16610	Tu	Sep 13-Nov 22	3:30pm-4:15pm	\$80/\$94

Instructor: Neuman

Location: Thrive

Children

A Message to Parents...We require, for most programs, that children involved be the required age as of the date of the first class. All age requirements are set to benefit the child and make instruction more consistent for the program instructor. In some instances, the requirements have been set for the child's safety. Note: Registration by Internet or phone will be accepted if the child is the appropriate age at the time of registration. If your child does not meet the age requirements by the start of class, please register by Fax, mail-in or in person. Registration deadline for all activities is two weeks prior to the start of the class unless otherwise noted.

Arts/Dance/Enrichment

After School Adventure

Enjoy time to do homework, play sports, make crafts, play games, use the computer, go on field trips and more. Improve reading skills at our Literature Club. Snack included. Note: Children must attend Meadow Hall ES or Twinbrook ES. Fee includes after-school transportation to the Center. Participants must be TCRC members.

Ages: 5-10

Course #	Day	Date	Time	Fee (R/NR)
16601	M-F	Aug 29-Dec 23	3pm-6pm	\$205/\$250

Location: Twinbrook Community Recreation Center

Kids Room

This drop-in recreational program is designed to give school-aged children the opportunity to have a safe and fun place to hang-out after school. Children will be able to engage in daily sports and games, arts and crafts, educational computer activities, along with homework time and monthly field trips. Registration: Ongoing. No Class on No School Days.

Grades: K-8

Course #	Day	Date	Time	Fee (R/NR)
17070	M-F	Aug 29-Dec 23	3:30pm- 6pm	\$140/\$200

Location: Lincoln Park Community Center

K.A.T. - Fallsmead

Kindergarten Activity Time (K.A.T.) This program compliments your child's kindergarten learning experience. Trained and experienced staff will guide your child's development of social, creative and cognitive skills. Indoor and outdoor activities are planned to enrich your child's day. Holidays: 9/5, 10/4, 10/13, 10/21, 11/1, 11/24, 11/25, 2/26-1/2, 1/16, 1/23, 2/20, 3/31, 4/10-4/14, 4/17, 5/29. NOTE: FIRST PAYMENT IS DUE BY AUGUST 22, 2005. Note: Register by mail, in person or fax. Discounts are available for families who register in more than one K.A.T./S.T.E.P. program. Call 240-314-8631 for more information.

Monday-Friday, AM

Ages: 5-6

Course #	Day	Date	Time	Fee (R/NR)
15797	M-F	Aug 29-Jun 13	8:50am-12:30pm	\$3,235/\$3,765

Location: Fallsmead Elementary School

Monday-Friday, PM

Ages: 5-6

Course #	Day	Date	Time	Fee (R/NR)
15798	M-F	Aug 29-Jun 13	11:30am-3:05pm	\$3,235/\$3,765

Location: Fallsmead Elementary School

S.T.E.P. - Fallsmead

Student Total Enrichment Program (S.T.E.P.) incorporates educational, creative, recreational and social activities in the classroom and outdoors. Trained, experienced staff develop age appropriate programs and guidance. A nutritious snack is provided in the afternoon program. Holidays: 9/5, 10/4, 10/13, 10/21, 11/1, 11/24, 11/25, 12/26-12/30, 1/2, 1/16, 1/23, 2/20, 3/31, 4/10-4/14, 4/17, 5/29. NOTE: FIRST PAYMENT IS DUE BY AUGUST 22, 2005. Note: Register by mail, in person or fax. Discounts are available for families who register in more than one K.A.T./S.T.E.P. program. Call 240-314-8631 for more information.

Monday-Friday, AM

Grade: K-5

Course #	Day	Date	Time	Fee (R/NR)
15814	M-F	Aug 29-Jun 13	7:30am-8:50am	\$1,691/\$1,943

Location: Fallsmead Elementary School